# **DISCOVER NEW HORIZONS**

**Newsletter of the Western Ohio Education Association-Retired** 

Volume 33 Issue 2

Nov/Dec 2021

#### Founded September 1989

WOEA-R was founded by members who felt that retirees would benefit from getting together to socialize, meet new people and remain aware of events happening in public education after retiring from the job, but not the profession!

#### -OFFICERS-

-vacant-Chair

Phil A. Long

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Lori Moodie

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#### **EVENTS** for 2021-22

November. 17th

Wandering Griffin Restaurant

December 15th

Franco's Restaurant
All meetings begin at 11am.
See pg. 3 for details

Future meetings and programs may need to be adjusted due to unforeseen circumstances.. Check website for all changes.

woea-r.ohea.us

#### OUR NEXT EVENT

"The Living Code"
11am Wednesday, November 17<sup>th</sup>

Wandering Griffin Restaurant 3725 Presidential Way, Fairborn (across from WSU)

**Dr. Terry McCoskey**, NUCCA Chiropractor and author of "The Living Code" will discuss many fascinating facts about the human body.

COST: FREE!

As always, we will begin at 11am, break for lunch, then hold our WOEA-R meeting. Invite your retired colleagues to attend our second meeting of 2021-22.

Reservations are required and needed by November 9<sup>th</sup>.

See page 3 for more details





from the WOEA-R!



## You're Always Welcome!

WOEA-R events are conducted on the third Wednesday of each month at 11am.

You and your membership are PRICELESS! Retired educators come to share a good meal, warm friendships and learn about what's happening in our public schools.

WOEA-R was founded by a Dayton teacher, Nancy Brown, upon her retirement. She felt that an organization should enable educators from various school districts to get to know each other and continue to be aware of events in public education. Come, bring a friend and enjoy retirement with your professional colleagues. You'll learn something new and continue to make a difference!

# ANNUAL Membership is \$10 for the year 2021-2022 LIFE Membership is \$100.

If you join as a LIFE MEMBER, the special cost to you is only \$70 when you mail in your check made out to WOEA-Retired by Sept. 20<sup>th</sup> We look forward to seeing you soon!

Questions? CONTACT Emmy Brudzynski at emmy.brudzynski@wright.edu 937-312-5829 or Jane Rahn at jrahna@sbcglobal.net 937-898-3895

## How Are We Doing?

**September 2021** OEA-R => 8259 Life members WOEA-R => 871 members **January 2021** => OEA-R=> 8921 members WOEA-R => 876 members *We've had a slight drop in our membership numbers.* 

We need you! Come join us!

#### Welcome New Members!

Roland Albert Marie Ciolek Margaret Gorby
Melodie Larsen Ken Ridenour Karen Shires
Barb Sollmann Marcia Vannet
Sharon Williams-Jenkins Jimmie Tipton

## IN REMEMBRANCE

We recognize those WOEA-R members who have passed.

Midge Parris (2021)

James Hempel (2021)



#### November 17th

Did you know that moving your head forward one inch equals 25 pounds of pressure on your neck? Join us to learn many interesting facts about the human body.

Dr. Terry McCoskey, NUCCA Chiropractor and author of "The Living Code" will share his experiences and fascinating insights.

**Time:** 11am,

Location: Wandering Griffin, at 3725 Presidential Way, Fairborn (across from WSU)

Reservations are required and needed by November 9th.

<u>CALL:</u> Debbie Owens at 937-236-2063 or email her at <a href="https://

After Dr. McCoskey's presentation, we will take a break for lunch. The regular WOEA-R monthly meeting will take place immediately after lunch.

Join your colleagues for an informative presentation, a great lunch and a good time!

#### December 15<sup>th</sup>

We will be collecting books for **READ ACROSS AMERICA** event in March. Join your fellow members for some holiday cheer.

*Time:* 11am

**Location:** Franco's Italian Restaurant, 824 East Fifth Street in the Oregon District.

Reservations are required and needed by December 8th.

<u>CALL:</u> Debbie Owens at 937-236-2063 or email her at <a href="https://

New or gently used books will be accepted. We will celebrate the holiday season with door prizes that will be awarded throughout the lunch. WOEA-R has promoted and will continue to support READ ACROSS AMERICA. There is no better gift an adult can give children then taking the time to read them a story. Consider volunteering your time to read to a child or a classroom of students during Read Across America Week coming up in March.

# For the Good of the Group

#### New Discoveries at our October Event!

October 20<sup>th</sup> was a very special day. It was the first time the members of WOEA-R were able to gather in-person in almost 2 years! There was a good turn-out of some old, some new, and some visiting members. Virtual meetings have been helpful and may continue to be used for some meetings, but there is nothing like gathering together in-person.

This first meeting was at the home of Esther Alspaugh near Troy. Esther is a retired teacher and member of WOEA-R. She did a presentation on essential oils and how they may be helpful in assisting our natural healing process. She reminded us that we know our own bodies and have our own unique needs. Some natural solutions may be beneficial and boost our immune systems. Esther conducts monthly workshops during which she demonstrates the application and use of essential oils. People have an opportunity to learn about oils and share what they have learned from their own experiences. Everyone is welcome to exchange ideas with each other that may provide support for their own health journey.

At the end of her presentation Esther had us do a make-it-take-it activity. We did our own experimentation and made a hand crème with natural oils. Finally, as we do at every WOEA-R event, we enjoyed a delicious lunch, natural refreshments made by Esther and the friendship of being together once again.

-Lori Moodie

# **WOEA Representative Assembly**

WOEA officers and Board invite you to attend the Virtual Fall Forum on November 5<sup>th</sup> from 5-7pm

Anyone can register and participate from the comfort of their own home. *No cost! No need to trave!!* Choose from five informative workshops on educational issues.

Register at www.woea.org

OEA-R delegates were elected this year by acclamation for the OEA-R Representative Assembly.

They are: *Phil Long, Karen Shires, Willie Terrel, and Joni Watson*The following will serve as WOEA-R delegates: *Lori Moodie, Yuverdia Irving*Alternate delegates are: *Emmy Brudzynski, Jane Rahn*